

# Sample Trailmasters Field Trip Work Plan

## Your Group

Location: *A Scenic Hudson park or preserve*  
Date: ***Any day***  
Time: *Any time*  
Subject: *Environmental Sensitivity: Trail Building 101*

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**Goal:** Site visit and community service opportunity for students.

**Objectives:** Orientation to Scenic Hudson, the preserve and tool safety.  
Perform trail maintenance and community service projects.

## Trail Maintenance Work/Educational Areas:

*At each work area, Scenic Hudson will describe the task and its significance to the history, ecology and public access of the park or preserve.*

Orientation to preserve, discuss work safety; split into three groups for the following projects (*please refer to enclosed park map*):

- Re-grade sections of the trail
- Construct rock stepping stones across stream on the trail
- Install erosion control waterbars

## Scenic Hudson Staff:

Sarah Small, AmeriCorps Member  
Sarah Charlop-Powers, Park Manager  
Evan Weissman, Volunteer Coordinator

## Tools (*provided by Scenic Hudson*):

Gloves, rakes, shovels, picks, pulaskis, rock bars, first aid kits, cell phone, walkie-talkies

## Recommended that volunteers:

- Wear sturdy shoes.
- Wear long pants (jeans).
- Dress appropriately for the weather (dress in layers).
- Bring along a camera, if they want to.
- Bring their lunch.
- **Bring plenty of water to drink.**
- Respect the land and each other.

**NOTE: Discipline is the responsibility of your group.**

## Sample Schedule (*may be adjusted as needed*):

**10:00 am** Arrive at preserve (see attached sheet for directions)  
**10 - 10:30** Introduction; orientation and tool safety; divide into groups  
**10:30 – 12:00** Work on projects  
**12:00 – 12:30** Lunch  
**12:30 – 2:00** Continue work on projects