Yellow Trail (0.87 mile)
From the Macks Lane parking area, an old country lane leads past the stone walls and building ruins of the former Cedar Glen Estate before heading downhill toward the Hudson River. After passing beneath the Mid-Hudson Bridge, it connects to a steep flight of stairs leading to Johnson-Iorio Memorial Park and the pedestrian lane of the Mid-Hudson Bridge.

Blue Trail (0.25 mile)
The Blue Trail leads to an overlook offering spectacular views of the Hudson River, City of Poughkeepsie and the Mid-Hudson Bridge. Continue following the trail to reconnect with the Yellow Trail.

White Trail (1.76 miles)
Also called the Ridgeline Trail for its proximity to the vertical bluffs facing the Hudson River, this trail offers many magnificent views of the river and the City of Poughkeepsie. Hike its entire length to pass a small vernal pool and remnants of stone walls, or take the breakaway located near the trail’s midpoint to shorten the walking distance to 0.58 mile.

Walkway Loop Trail (3.6 miles)
Crossing Walkway Over the Hudson State Historic Park and the Mid-Hudson Bridge, this walking loop offers thrilling river views and connections to other riverside parks and rail trails.